THE CLAIMS

We claim:

5 1. A therapeutic composition for combating ischemic damage, the composition comprising an effective amount of a diarylmethylpiperazine compound of the general formula:

(1)

10 wherein:

Z is selected from the group consisting of:

hydrogen;

halogen;

15 C_1 - C_6 alkyl, C_2 - C_6 alkenyl, C_2 - C_6 alkynyl;

C₁-C₆ haloalkyl;

 C_1 - C_6 alkoxy;

C₃-C₆ cycloalkoxy;

sulfides of the formula SR^8 where R^8 is C_1 - C_6 alkyl, C_2 - C_6 alkenyl, C_2 - C_6 alkynyl,

C₃-C₆ cycloalkyl, arylalkyl having a C₅-C₁₀ aryl moiety and an C₁-C₆ alkyl moiety, or C₅-C₁₀ aryl;

sulfoxides of the formula SOR^8 where R^8 is the same as above; sulfones of the formula SO_2R^8 where R^8 is the same as above;

nitrile;

 C_1 - C_6 acyl;

alkoxycarbonylamino (carbamoyl) of the formula NHCO₂R⁸ where R⁸ is the same as above;

carboxylic acid, or an ester, amide, or salt thereof;

aminomethyl of the formula $CH_2NR^9R^{10}$ where R^9 and R^{10} may be the same or different, and may be hydrogen, C_1 - C_6 alkyl, C_2 - C_6 alkenyl, C_2 - C_6 alkynyl, C_2 - C_6 hydroxyalkyl, C_2 - C_6 methoxyalkyl, C_3 - C_6 cycloalkyl, or C_5 - C_{10} aryl, or R^9 and R^{10} together may form a ring of 5 or 6 atoms, the ring atoms selected from the group consisting of N and C;

carboxamides of the formula $CONR^9R^{10}$ where R^9 and R^{10} are the same as above, or C_2 - C_{30} peptide conjugates thereof; and

sulfonamides of the formula $SO_2NR^9R^{10}$ where R^9 and R^{10} are the same as above; and

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X is selected from the group consisting of hydrogen, hydroxyl, halogen and alkoxy,

or a pharmaceutically acceptable ester or salt thereof.

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- 2. The composition according to claim 1, wherein the composition further comprises an effective amount of a second compound used for treatment of a cardiac disorder.
- 3. The composition according to claim 2, wherein the second compound is selected from the group consisting of nitrates, beta-adrenergic blockers, calcium channel antagonists, ACE inhibitors, non-peptide angiotensin II antagonists, IIb/IIIa antagonists and aspirin.
- 4. The composition according to claim 2, wherein the second compound is administered contemporaneously with the diarylmethylpiperazine compound.

- 5. The composition according to claim 1, wherein the diarylmethylpiperazine compound is a non-analgesic compound.
- 5 6. The composition according to claim 5, wherein the diarylmethylpiperazine compound acts predominately on peripheral delta opioid receptors.
- 7. The composition according to claim 1, wherein the diarylmethylpiperazine compound is administered concurrently with the onset of an ischemic event; prior to onset of ischemia; pre-surgery; or after the onset of an ischemic event.
 - 8. A method of reducing ischemic damage in a subject comprising: administering an effective amount of the composition according to claim 1.
- 9. A therapeutic composition for combating ischemic damage, the composition comprising an effective amount of a non-analgesic diarylmethylpiperazine compound of the formula:

or a pharmaceutically acceptable ester or salt thereof.

- 20 10. The composition according to claim 9, wherein the composition further comprises a second compound used to mediate a protective or corrective cardiac response or activity.
- 11. The composition according to claim 10, wherein the second compound is selected 25 from the group consisting of nitrates, beta-adrenergic blockers, calcium channel

antagonists, ACE inhibitors, non-peptide angiotensin II antagonists, IIb/IIIa antagonists and aspirin.

- 12. The composition according to claim 10, wherein the second compound is administered contemporaneously with the diarylmethylpiperazine compound.
 - 13. The composition according to claim 9, wherein the non-analgesic diarylmethylpiperazine compound is administered concurrently with the onset of an ischemic event; prior to onset of ischemia; pre-surgery; or after the onset of an ischemic event.
 - 14. A method of reducing ischemic damage in a subject comprising: administering an effective amount of a therapeutic composition comprising a non-analgesic diarylmethylpiperazine compound of the formula:

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(2)

or a pharmaceutically acceptable salt or ester thereof.

20 15. A therapeutic composition for combating ischemic damage, the composition comprising an effective amount of a non-analgesic diarylmethylpiperazine compound of the formula:

or a pharmaceutically acceptable ester or salt thereof.

- 5 16. The composition according to claim 15, wherein the composition further comprises a second compound used to mediate a protective or corrective cardiac response or activity.
- 17. The composition according to claim 16, wherein the second compound is selected from the group consisting of nitrates, beta-adrenergic blockers, calcium channel antagonists, ACE inhibitors, non-peptide angiotensin II antagonists, IIb/IIIa antagonists and aspirin.
- 18. The composition according to claim 16, wherein the composition further comprises a pharmaceutically acceptable carrier.
 - 19. The composition according to claim 15, wherein the diarylmethylpiperazine compound is administered concurrently with the onset of an ischemic event; prior to onset of ischemia; pre-surgery; or after the onset of an ischemic event.
 - 20. A method of reducing ischemic damage in cardiac tissue, the method comprising: administering to said mammal an effective amount of a non-analgesic diarylmethylpiperazine compound of the formula:

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or a pharmaceutically acceptable salt or ester thereof.

- 21. The method according to claim 20, wherein the diarylmethylpiperazine compound is administered multiple times concurrently with the onset of an ischemic event.
 - 22. The method according to claim 20, wherein the diarylmethylpiperazine compound is administered to a subject as a preventive regime to prevent disease progression in an individual in the symptomatic phase of ischemic heart disease.

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- 23. The method according to claim 20, wherein the diarylmethylpiperazine compound is administered after the onset of an ischemic event.
- 24. The method according to claim 20, further comprising administering a second compound that effectuates a protective or corrective cardiac response.
 - 25. The method according to claim 24, wherein the second compound is selected from the group consisting of nitrates, beta-adrenergic blockers, calcium channel antagonists, ACE inhibitors, non-peptide angiotensin II antagonists, IIb/IIIa antagonists and aspirin.
 - 26. The method according to claim 24, wherein the second compound is administered contemporaneously with the diarylmethylpiperazine compound.
- 25 27. The method according to claim 20, wherein the diarylmethylpiperazine compound is administered by a mode of administration selected from the group consisting of

parenteral, non-parenteral, oral, rectal, topical, nasal, ophthalmic, subcutaneous, intramuscular, intravenous, transdermal, spinal, intrathecal, intra-articular, intra-arterial, sub-arachnoid, sublingual, oral mucosal, bronchial, lymphatic, and intra-uterine administration.

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- 28. The method according to claim 20, wherein the mammal is a human.
- 29. A preserving solution for an isolated organ comprising a compound of the formula:

$$Et_2N$$
 CH_3
 CH_3
 $COOH$

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(2)

or a pharmaceutically acceptable salt or ester thereof.

- 15 30. The solution of claim 29, wherein the isolated organ is selected from the group consisting of heart, liver, kidney, comea, lung and combination thereof.
- 31. A method of protecting against ischemia and reperfusion injury in a mammal comprising administering to the mammal an effective amount of a delta opioid receptor agonist of the formula:

$$Et_2N$$
 CH_3
 CH_3
 CH_3
 $COOH$

(2)

or pharmaceutically acceptable esters and salts thereof; and a second compound that effectuates an anti-ischemic effect.

- 5 32. The method of claim 31, wherein the second compound is arginine hydrochloride.
 - 33. A method of effectuating ischemic preconditioning of cardiac tissue in a subject, the method comprising: administering to the subject an effective amount of a diarylmethylpiperazine compound of the formula:

or pharmaceutically acceptable esters and salts thereof.

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34. The method of claim 33, wherein the compound is administered by a mode of administration selected from the group consisting of parenteral, non-parenteral, oral, rectal, topical, nasal, ophthalmic, subcutaneous, intramuscular, intravenous, transdermal, spinal, intrathecal, intra-articular, intra-arterial, sub-arachnoid, sublingual, oral mucosal, bronchial, lymphatic, and intra-uterine administration.

- 35. The method according to claim 33, further comprising administering a second compound that effectuates a protective or corrective cardiac response.
- 36. The method according to claim 35, wherein the second compound is selected from the group consisting of nitrates, beta-adrenergic blockers, calcium channel antagonists, ACE inhibitors, non-peptide angiotensin II antagonists, IIb/IIIa antagonists and aspirin.

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- 37. The method according to claim 35, wherein the second compound is administered contemporaneously with the diarylmethylpiperazine compound.
 - 38. A method of protecting against potential ischemia in a subject without inducing a receptor-mediated analgesia of the subject comprising administering an effective amount of the diarylmethylpiperazine compound of claim 33.

39. The method according to claim 38, wherein the subject is a human.

40. The method according to claim 39, wherein the diarylmethylpiperazine compound is orally administered.